WEST ORANGE HEALTH & WELLNESS SUMMIT 2023
Sunday, Sept 10th
11:00 am - 3:00 pm

WORKSHOPS | CLASSES | BUSINESSES | VENDORS

WELLNESS IS DEFINED AS PRACTICING HEALTHY HABITS

WEST ORANGE HIGH SCHOOL
TARNOFF CAFETERIA ENTRANCE
51 CONFORTI AVENUE

CONTACT TAMMY WILLIAMS OR LAURA VAN DYKE
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TWILLIAMS@WESTORANGE.ORG LVANDYKE@WESTORANGE.ORG
Wellness is defined as practicing healthy habits to improve physical and mental health so that instead of just surviving, you are thriving. Starting with exercises or activities that target various areas of your spiritual, physical, mental, and social health, evidence has shown that wellness can guide you to lead a balanced life as it emphasizes proper care of your body for optimal health and functioning, later helping people experience less pain and decreased risk of illness or injury. Wellness and its benefits remind us to take the time to address our health holistically and take the necessary steps or activities to improve our well-being.

We would love for you to participate in the 1st annual West Orange Wellness Summit held in the West Orange High School on September 10th, 2023. Your effort and contribution will make this summit successful and impactful for the West Orange community. It will also serve as a unified reminder to all West Orange residents of the importance of including wellness in their everyday life.

I hope you will consider supporting the Wellness Summit. We have designed several opportunities that provide benefits for your support at every level. Furthermore, you are partnering to champion a cause that can improve lives.
WEST ORANGE HEALTH & WELLNESS SUMMIT 2023

NAME ______________________________________________________________________________________________

BUSINESS NAME _____________________________________________________________________________________

TYPES OF SERVICE: MEDICAL FACILITY __ WELLNESS PRODUCTS __ NUTRITION __ THERAPISTS __ OTHER __

BUSINESS ADDRESS ___________________________________________ CITY __________________ STATTE ________

WEBSITE ___________________________________________________________________________________________

BUSINESS PHONE (_____)_____________________________ CELL #(_____)_______________________________

BUSINESS EMAIL ____________________________________________________________________________________

WORKSHOP NAME ___________________________________________________________________________________

BRIEF BUSINESS OR WORKSHOP DESCRIPTION:

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DATE RECEIVED _____________________________ WORKSHOP __________________________

BOOTH # ASSIGNED __________________________ WORKSHOP TIME __________________________