

West Orange Loves Wellness



Join Us
Lunch & Learn

“HEALING FOODS”

Learn about the Power of Lifesaving Foods
To Treat, Heal and Prevent Health Problems



Guest Speaker:

Josie Velez, MS, RD, DHCFA

Consultant Dietitian
WO Public Relations Commissioner

Nov.5, 2014 at 11 –12 pm

Whole Foods 235 Prospect Ave. West Orange, NJ 07052

Space is limited!

Please register at Whole Foods or email drjosievelez@aol.com to ensure your participation

Whole Foods will provide sampling & spring water